# PLAN FOR THE TREATMENT

Age of Child	What Should be Done
After Birth	First consultation with parents, feeding advice and follow up for weight gain
3 - 5 Months	Cleft lip repair with nose correction
9 - 12 Months	Cleft palate repair
1 - 2 Years	Hearing check-up to rule out middle ear collection to prevent infection
2 - 4 Years	Close watch on the development of speech. Regular Dental check-up with pediatric dentist
4 - 6 Years	Surgery for speech improvement which is necessary in 10-15% of children after palate operation
6 - 12 Years	Dental check-up & orthodontic treatment, if necessary, bone graft for the defect in alveolus at 9 years
Teenage Years	Correction of nose shape if patient demands and orthognathic surgery to improve facial profile
Adult	Genetic counseling to reduce inheritance of the defect

#### **Smile Train Project**

Free Treatment For Under Privileged Children, Please Contact: 044 24765614

## Every ten minutes one child is born with Cleft Lip & Palate in India

#### Dr. JYOTSNA MURTHY

M. S (General Surgery), M. Ch. (Plastic), DNB (Plastic),
AFSA (Paediatric Plastic Surgery) France
Professor, Department of Plastic Surgery
Director, Cleft and Craniofacial Centre
Sri Ramachandra Medical College & Research Institute
(Deemed University),
Porur, Chennai 600 116.

Tel: 24765614, 24768403 Ext: 8648, 8198, Fax: 24765614 / 24767008

Mobile: 9841039820

E-mail jmurthy@satyam.net.in / srmc.chennai@smiletrainsia.org

Web Page: www.cleftcare.org / www.srmc.edu

(Member of American Cleft Palate & Craniofacial Association)

### CLEFT & CRANIOFACIAL CENTRE



Sri Ramachandra Medical College & Research Institute (Deemed University)

Porur, Chennai-600 116.

Anticipating the birth of a child is an exciting and joyful event and the child is visualised as a perfect infant. The birth of child with cleft lip and/or palate or craniofacial anomalies is a shock to most families. Most of these children have normal mental development.



Although cleft baby is not a 'perfect baby', one should realize that this baby is no different from normal one except that in the early weeks of pregnancy, two parts of the face doas not join completely. The exact cause of this anomaly is not known. In a few children there is family history of cleft. One should not believe that it is caused by exposure to eclipse or bad omen or due to certain food or fruits. If there is genetic predisposition, then it can get precipitated by vitamin and other nutritional deficiency in mother, any fever or medication in the first two months of pregnancy.





The goal of the Cleft & Craniofacial Team is to provide the state-of-the-art care to these children to make them normal. Our team provides treatment starting from childhood to adolescence. Working together in a team, we are able to provide holistic treatment without any financial drain on the family. We care for these children by providing not only necessary moral support but also help them to cope up with social and emotional stress.



Craniofacial deformities are not so common, but they can be even more devastating. These children need complex reconstructive surgery of face, ear and other parts. We also have state-of-the-art tertiary level neonatal unit for children with major craniofacial anomalies needing critical care. These children need our combined efforts with parents to bring them to normal stream of society.

#### **CLEFT TEAM**

Feeding Problem & Child developement (Paediatrician& Nutritionist)

Surgery of Cleft (Plastic Surgeon) Speech Problem (Speech Therapist)



Inheritance (Geneticist)

Hearing Problem (ENT Surgeon)

Care of Teeth (Orthodontist, Pedodontist & Prosthodontist)



For Multi Disciplinary
Cleft & Craniofacial Clinic
Please Contact: 044 - 24765614